**Spray Tanning Consent Form**

In order to make your treatment as effective and safe as possible, please complete the form below prior to your treatment.

All information collated is STRICTLY CONFIDENTIAL and will be preserved as part of your client record.

Please ensure you complete the consultation form as thoroughly as you can, noting any surgery or illnesses you may have had in the last 2 years. Remember to include details of any medication you may be on for any conditions, allergies or illnesses which may be impacted by the treatment.

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| --- | --- |
| **Personal Details** | |
| Full Name |  |
| Address |  |
| Postcode |  |
| Home or Mobile Number |  |
| Email Address |  |
| Date of Birth |  |
| GP Details |  |
| Accidents / Injuries / Operations  (Past or Present) |  |
| History of Medical Conditions – Past or Present  (i.e Diabetes, Cancer, HIV, Asthma, Epilepsy) |  |
| How is your current state of health?  Good/Poor etc. |  |
| Do you have any allergies? i.e nuts  Details |  |
| Any other details your therapist should be aware of? i.e Pregnancy |  |

* DHA reacts with the skin’s amino acids resulting in a “tan” similar looking to that of the sun. The darker you can tan naturally, the darker you can tan with a spray tan. Like most cosmetics, avoid exposure to the eyes, lips, and other parts of body covered with a mucous membrane.
* Your spray tan should last 5-10 days depending on your skin type and how well you take care of your sunless tan. It’s very important to keep your skin moisturized after your spray tan, avoiding long baths or showers and hot tubs. Salt water exposure or a chlorinated pool can also shorten your spray tan.
* Be advised there may be a small percentage of individuals whose skin does not react favorably to spray tanning. Some medications such as birth control pills, hormone replacement medications, or antibiotics may alter your tan. .
* Following the spray tan session, please avoid: tight clothes, excessive perspiring, leather seats, and do not shower for at least 6-8 hours. Letting solution stay on overnight without showering is recommended. Some fabrics may be stained by the spray tanning solution, please use caution and care.
* All ingredients in the product used in this procedure are intended for cosmetic use and generally regarded as safe. There are, however, occasions where individuals may be allergic to one or more ingredients in the spray tan solution. If this occurs, shower and discontinue use. If severe reaction, contact your GP.

I have read the contents of this consent form carefully and state that I am not aware of any medical condition, allergies, or other reason that would prohibit me from sunless tanning. I have been advised to discontinue use if any reaction occurs. I have not withheld any information regarding my health and the information I have provided is true to the best of my knowledge. I have been informed of contra indications and whilst all due care will be taken by my therapist I am aware that my involvement in the treatment is of my own choice.

**Client Signature : Date:**